

KAITAIA CONNECT

Connecting communities in Te Hiku

May 2021- Autumn

FREE!

Take me home



Hospice Awareness Week

In 2021, Hospice Awareness Week runs from Monday 17 May – Sunday 23 May. Hospice Awareness Week is an opportunity to profile and celebrate the services that Hospices provide in their local communities, and address misconceptions that people may have around hospice care.

Many people think of Hospice as just a building when, in fact, it is a philosophy of care. The Hospice philosophy places equal importance on the physical, spiritual, cultural, emotional and social well-being of a person living with a life limiting condition. Anyone with a terminal illness, not just cancer, can access hospice care and support. People with life limiting conditions such as multiple sclerosis, lung failure, motor neurone disease or dementia can benefit from palliative care. Whilst hospice care is primarily focused on the person who is dying, Hospice also provides services for the family and whanau, both before and after their loved one has died.

Far North Community Hospice is a charitable trust and the sole provider of palliative care services in the Far North. Our 4 Palliative Nurses provide pain and symptom management 24 hours a day, 7 days a week to patients in the community and cover the geographical area from Mangamuka Bridge to Cape Reinga in the North and from North Hokianga in the West to Taupo Bay on the East Coast. Our nurses work in collaboration with other

health professionals, such as the GP, social worker, hospital staff and other multi-disciplinary health professionals. The team blends strengths to anticipate and meet the needs of the patient and family / whanau facing a terminal illness.

Funding for Hospice care in New Zealand costs \$155 million per year. As an essential health service, Hospice receives a large portion of funding from the Government. There is, however, a significant shortfall – in the region of \$77 million per annum. To bridge this, whilst continuing to offer quality, free of charge, palliative care, Hospices reach out to their communities for support of their local stores and through donations. There are over 125 Hospice stores in New Zealand, selling quality second-hand goods to fund the cost of providing palliative care, free of charge. These shops rely on donated goods and volunteer staff. If you have goods to donate, or if you would like to volunteer your time in our shop, please contact the shop directly. Hospice Take 2 is located at shop 2, 165 Commerce Street, Kaitaia. The contact number is 09 408 0148.

If you would like to make a donation: Please visit www.hospice.org.nz to make an online donation. You can rest assured using the online donation system is totally safe – Hospice NZ uses the same security as many banks.

If you would like any other information, please call Far North Hospice on 09 408 0092.



STUDY OPTIONS FOR NEW LEARNERS

Contact us about pathways to business administration and health.

Enrol Now for 2021

Find out more and give us a call today

0800 162 100 or Kaitaia 408 6117

E: study@northtec.ac.nz W: www.northtec.ac.nz



The Difference a Year

Makes

A year can make a big difference in the lives of those in need.

This time last year, Richard and Asina were scared, alone, and sleeping in their car.

This time last year, Rasool had been living on the streets of Henderson for three years.

They all came to The Salvation Army when they were at the lowest points in their lives. But with your help, they soon found permanent accommodation, a new lease on life, and hope for the future.

Now, Richard, Asina, and Rasool all give back to their community, to help those who have found themselves in similar positions.

What a difference a year makes!

We wouldn't have been able to provide the wrap around services that benefited Richard, Asina, and Rasool without donations from supporters like you.

So please, support this year's Red Shield Appeal, and help those still struggling with the effects of COVID-19.

We are the 'hands', but you are the 'power' in transforming broken lives.

Red Shield Appeal week runs from the 10th– 16th May. Donation collectors will be located throughout Te Hiku, during that week. All donations are kindly received.



Te Ope Whakaoa
**RED SHIELD
APPEAL**

May 2021

SAT 1 May

Charity Boxing Night: Black tie event. 18+. 5.30– 11pm. Finger foods. Te Ahu Centre, Kaitaia. For more info and pricing email kbclub2015@gmail.com or visit kaitaiaboxing.co.nz

Mangonui Craft Market: Every Saturday. Mangonui Memorial Hall, Waterfront Drive, Mangonui. 9.00am - 1.30pm. Contact: Judy Wells, 09 406 0236.

Kaitaia Saturday Market: Every Saturday. Old warehouse carpark, Matthews Avenue, Kaitaia. 7am - 12 noon. Contact: Carol, 021 1831655.

MON 3 May

School Returns

Zumba: Every Monday. Taipa School Gym, 578 State Highway 10, Taipa. 6-7pm. \$8 per class or a \$35 punch card for 5 classes. First class is FREE! For more info contact Jocelyn 020 4092 2575.

TUE 4 MAY

Mahi Raranga: Learn how to make your own eco friendly kete. Flax weaving with Kylie Simeon. Cost \$30. 10 Week course. Visit Far North REAP or phone 09 4081380, for more info.

Warehouse SuperGold Card discount Days: The first Thursday of the month. Gold card holders get 5% off their warehouse purchases. Take your Gold card along while shopping. Some exclusions apply. For more info visit facebook.com/SuperGoldNZ

Plus Club: Want to learn how to upcycle or mend your clothes? Save money and the environment? Once a month club. At @Ano Ano, 6 Bank St, Kaitaia. Koha appreciated. For more info pop into Eco Centre or email info@ecocentre.co.nz.

Feed My Lambs: A place for mums to get together to korero, learn and share food with one another. Every Tuesday. 11am. Contact Lucy on 027 3581925 or email: lu@rongopaihouse.org.nz

Alcoholics Anonymous: Is Alcohol costing you more than money? We can Help! Every Tuesday. 7pm start. St Andrew's Church Hall, Colonel Mould Drive, Mangonui. For more info contact: 0800 AA WORKS.

WED 5 MAY

Digi Basics: Learn how to set up an email, update and create a professional CV and basic internet interaction. 10 week program. 10am – 12noon. 16 years or older. Visit Far North REAP or phone 09 4081380, for more info.

Ahipara Aroha: A community meeting open for all. 6 pm Kaitaia Golf Club, Taheke St, Ahipara. Email Secretary Jess O'Dea on Jessica@ahipara.school.nz.

Zumba: Oruaiti School, 2554 SH, Mangonui. 6-7pm, every Wednesday. \$8 single class, 5

classes for \$35. First class is FREE! For more info contact Jocelyn 020 4092 2575.

Aikido: Adult classes. Defence Arts. Ki Development. Relaxation Techniques. Kaingarua Hall, 5:30 - 6:30pm. \$6 per lesson. Contact: Sensei Kirk Hargreaves on 0212061486.

Ki te Ao o te Marama: An eight week programme every Wednesday from 10am– 2pm for women suffering domestic violence and abuse. 249 Commerce Street, Kaitaia. For more info contact 09 4082946 or 0800 refuge (733843).

5-7 MAY

Outdoor First Aid: One of the biggest issues we face when in the outdoors or in a remote area, is the potential for an incident requiring medical attention. 3-day course. Achieve NZQA unit standards. For more info and costings contact: Si-mon.townsend@promed.ac.nz or phone (021) 478655.

THU 6 MAY

Inland Revenue: Introduction to Business Workshop. 3 hour workshop. Department of Internal Affairs, 36 Matthews Avenue, Kaitaia. To register visit: www.ird.govt.nz/seminars

Parent/caregiver Support group for Autism: Ministry of Education building, 2-12 Commerce Street, Kaitaia. 10am -12 noon. For more info contact: Uschi on 09 4086937 or 021 240 6616.

SUN 9 MAY

Mothers Day

Beachcomber: Open for Mothers day lunch and dinner. A special set menu and the full menu is available. For more info check out the Beachcomber Restaurant Facebook page, visit restaurant@beachcomber.net.nz or phone 09 4082010.

10–16 MAY

Red Shield Appeal: Donations collectors will be located throughout Te Hiku, during the week. All donations are kindly received.

MON 10 MAY

Educational Conversations: 2 Workshops. First: 10am-2:00pm, for educators and professionals. Second: 5-7pm, for whanau and community. Free event. Dr Pikihiua Pomare is an experienced Maori Psychologist that will present Māori perspectives on trauma, informed practices and offer practical ideas to enhance learning and well-being. Far North Reap, 33 Puckey Avenue, Kaitaia. Registration link: <https://tinyurl.com/FNRSchoolsKura>

TUE 11 MAY

Kanikani Kids Dance: New Location at Far North REAP. Check out the Kanikani Kids Dance and Parties facebook page, for more info.

Health and Disability - Code of Rights training: 2 education sessions. First 10am– 12noon. Second 1pm–3pm. Mahitahi Hauora PHE, Kaitaia. For more info visit

Emergency Contact Numbers

Police, Ambulance and Fire Bridge: 111

Lifeline: 0800 543 354

Youth line: 0800 376 633

Crisis Helpline: 0508 828 865

Health line: 0800 611 116

Money Talks: 0800 345 123

Problem Gambling: 0800 664 262

Work and Income: 0800 559 009

Inland Revenue: 0800 775 247

<https://education.mahitahihauora.co.nz/w/events/180-code-of-rights-day-sessions/1553>

WED 12 May

Alzheimer's Northland - Kaitaia Carer Support Group: 10am-12pm. This free support group is for Whanau who are caring for their loved one with Alzheimer's at home. For more info contact Margot Ah Sam on 0274427258 for visit www.alzheimersnorthland.org.nz

On Top Toastmasters: Would you like to improve your speaking and listening skills? Meet every second and fourth Wednesday of the month via zoom or in person. For more info contact Peter: 0212503847 or email ontop@d112tm.org.nz or visit www.facebook.com/finebunch

THU 13 May

Business and Professional Women: Doubtless Bay. Monthly meeting. Mill Bay Yacht Club, 5 Silver Egg Rd Mangonui. Meets on the 2nd Thursday of every month. From 6.30—8.30pm. Cost:\$35. <https://www.bpwnz.org.nz/event/monthly-meetings-doubtless-bay>

TUE 18 MAY

Business and Professional Women: Kaitaia. Monthly Meeting, 3rd Tuesday of each month. Orana Restaurant, 238 Commerce street, Kaitaia. Starts 5:30pm. We have fellowship for the first half hour then dinner, guest speaker followed by a short meeting. Cost \$29.

FRI 21 MAY

Music in the Atrium: Free to come along and enjoy. 10am—2pm. Te Ahu Centre, Kaitaia.

21—24 MAY

Nourish and Restore Retreat: Come and join us at Doubtless Bay Retreat, 47 State Highway 10, Coopers Beach, Northland. For more info visit Doubtless Bay Retreat on facebook or email support@lauracurtin.co.nz or phone 027 324 1431

MON 24 MAY

Kaitaia TechWeek Northland Roadshow: A series of digital educational topics over one day. For all business types. Kaitaia Digital Hub. For more info visit: <https://events.humanitix.com/kaitaia-techweek-northland-roadshow>

TUE 25 MAY

NZSTA Student Achievement Kaitaia: School Board of Trustees upskill workshop. Te Ahu Centre— Conference Room, Corner SH1 and Mathews avenue, Kaitaia. 6-8pm. Register at Eventbrite.co.nz

29—30 MAY

The Amazing Dinosaur discovery: Come and explore the prehistoric ages and discover over 30 lifelike dinosaurs. Check out amazingdinosaurdiscovery.co.nz for more info.

Save the Dates

WED 2 JUNE

Alzheimer's Northland - Home Carer's seminar: This Free one day seminar is specifically designed for Carer's looking after loved ones at home. Contact Margot Ah Sam for more info or to register phone 027 442 7258 or visit www.alzheimersnorthland.org.nz

5-6 JUNE

The amazing Dinosaur discovery: Come and explore the prehistoric ages and discover over 30 lifelike dinosaurs. Check out amazingdinosaurdiscovery.co.nz for more info.

WED 9 JUNE

Dune Restoration Planting Day: Lake Waiporohita, Karikari Peninsula. 10am— 2pm. For more info contact Sana Ryan on 0212167720 or email wrrwt@xtra.co.nz or Jo Murray on 0211380413 or email jo@teahoturoa.org.nz

Alzheimer's Northland—Kaitaia Carer Support Group: This FREE Support Group is specifically designed for whanau who are caring for their loved one with Alzheimer's at home. Please call Margot Ah Sam for more info phone 027 442 7258 or visit www.alzheimersnorthland.org.nz

TUE 15 JUNE

NZSTA Finance 2 Kaitaia: School Board of Trustees upskill training. Te Ahu Centre- Conference Room, Corner SH1 and Mathews Avenue, Kaitaia. 6-8pm. Register at Eventbrite.co.nz

SAT 26 JUNE

Te Hiku O Te Ika Marae Midwinter Social: DJ Pao Pao. Theme: Motown/ Disco. Best dressed prize. Spot Prizes plus much more. Refreshments available throughout the night. Ticket: \$25 sold at the Te Kao Store and online. No BYO. 6.00-11.00 pm. For more info visit www.tehapuamarae.nz

16—17 JULY

Artisan Affair: Te Ahu Centre. If you are interested in having a stall, please contact Geraldine Pennell on 0276363227 or email artsfarnorth@gmail.com.

THU 23 SEPT

Wonderland Glow Show: Te Ahu Centre, Kaitaia. For more info visit: <https://www.eventfinda.co.nz/2021/wonderland-glow-show/kaitaia>

15-16 OCT

GR8-X Fishing Competition: Overnight surf casting competition. Great Prizes, entertaining Fish Auction. Check out facebook.com/GR8XComp for more info.

SAT 6 NOV

Kaitangata Car show and Run 10th Anniversary: Car show and cruise fundraising for local community groups yet to be confirmed for 2021.

Music in the Atrium



featuring local artists
between 10am and 2pm
Friday 21st May
at Te Ahu

Free to enjoy

Dune Lake Restoration Planting Day

9th JUNE
TIME: 10.00AM - 2.00PM
PLANTING DAY

LEARN ABOUT
*Identify right plants for the right places & purpose
*Helping to restore our precious dune lakes that are unique in the world
*local purakau/ history of the area

COME & JOIN US AS WE PLANT AROUND OUR LOCAL DUNE LAKE TO IMPROVE THE UNIQUE ECOSYSTEMS

COMMUNITY PLANTING DAY - ACTION RESTORATION OF OUR TAONGA WATERWAYS

LAKE WAIPOROHITA, KARIKARI PENINSULA

FOR MORE INFORMATION CONTACT:
SANA RYAN - 0212167720 email: wrrwt@xtra.co.nz
OR JO MURRAY 0211380413 email: jo@teahoturoa.org.nz




Te Hiku O Te Ika Marae Midwinter Social

Music DJ Pao Pao
Theme:
Motown/Disco

Venue: Te Hapu Sports & Recreation Club
Time: 6.00am - 11.00pm
Entry Fee: \$25.00 - No BYO
Ticket Sales: Te Kao Store/Online

Launch of Merchandise
Best Dressed Prize
Spot Prizes
Raffles
Refreshments available throughout the night

Contact Maro: 09 4097 564





**Volunteering
Northland**

Wanting to Volunteer?

A huge range of roles on our website

Need a volunteer?

Contact us

Volunteer Today

Choose from hundreds of opportunities

Find them all at: www.volunteeringnorthland.nz

Roles in and around Kaitaia:

EcoCentre Clothing Rescue and Community Gardeners,
Red Cross Support, Far North Search & Rescue,
Board Members, Youth Leaders, SPCA Shop Staff,
Fire Service Operational Support, Radio Operators,
Retail Shop Assistants

09-945-4984 or 0800-865-268 info@volunteeringnorthland.nz



*Connecting whānau to the
world.*

Kanorau Digital is proudly funded by the Manaiakalani Education Trust and delivered nationwide by Te Wānanga o Aotearoa.

Kanorau Digital is a new short course designed to help individuals who find the digital world a bit (or a lot) challenging. During this digital skills course, they'll gain the skills to get online safely and the know-how to navigate websites and apps with more confidence. The short course is fees-free and delivered at a variety of times and most days of the week.

Check out www.Kanorau.nz for more information.

Toki Rau Stop Smoking Services Northland

We get it, things come up, life happens but your health should never be pushed aside.

You don't have to wait for a milestone to get started on your smokefree journey. Every day is a chance to set new goals for yourself to accomplish them by the end of the year. Start today, quit tomorrow. We'll help you.

We're just around the corner! We're located in 8 different locations around Northland, making our services easily accessible to everyone. If that doesn't work, we're available to work in the comfortability of your home. We cater to your needs because we're in this journey together.

Quit today! 

0508 TOKI RAU (0508 8654 728)

For more information <https://tokirau.co.nz/>

Kaitaia Connect is proudly produced by Kaitaia Community House. For inclusion in the next edition's event listings, or advertising, please contact the Community Relations Officer on 408-0026 or kaitaiaconnect@kfb.co.nz before 21 May 2021

While we make every effort to ensure accuracy, we can take no responsibility for incorrect information or cancelled events.