

# KAITAIA CONNECT

## Connecting communities in Te Hiku

March 2020

Poutu Te Rangī



# YOU'RE INVITED

Te Oneroa-A-Tohe / Ninety Mile Beach

# TE WERO O TE HOUTAEWA

[www.tehoutaewa.co.nz](http://www.tehoutaewa.co.nz)



Te Houtaewa Māori Charitable Trust is an innovative and diverse not for profit education and development organisation operating in the Far North, Te Hiku O Te Ika, since 2003. We connect to whānau, hapū and iwi in a variety of activities, events and wānanga to provide continued opportunities to learn, grow and develop, building capacity, capability and tino rangatiratanga. All these aspects enable our kaupapa to nurture and celebrate our traditional narratives and past times to ensure these taonga are preserved for our future generations and succession of our collective role as kaitiaki.

The taonga (treasures) of our Cultural Heritage is the backdrop to honour the past, collaborate in the now to inspire our whanau in their leadership for tomorrow.

March each year, Te Houtaewa Maori Charitable Trust with the support of the community, volunteers and specialised services coordinate an event and now a festival called, Te Houtaewa 90 Mile Beach Run Challenge. It is unique that it is on Te Oneroa A Tōhe beach, the spiritual pathway well known in our culture as our last journey here in Aotearoa. It offers various running race options to experience, in addition to the community who open their doors and host, creativity and pride, celebrating our culturally rich district and improving the profile of the Far North both nationally and internationally based on the pūrākau, running athleticism of Te Houtaewa, (THE LEGEND OF TE HOUTAEWA).

The contribution is to increase the size of the Kūmara Pātaka each year (THE LEGEND OF TE HOUTAEWA), to grow a garden of positive possibilities and strengthen a holistic approach to our community here in the Far North through Māori world view that embraces Mason Durie's wellness concept of Te Whare Tapa Whā. This concept acknowledges the importance of balance through taha wairua, taha hinengaro, taha tinana and taha whānau. The physical act of returning the Kumara was introduced into the race by the ultra-marathon runner's carrying a kumara from Te Āri, (Maunganui Bluff) back to the Paripari Domain Ahipara (finish line) at the foot of Whangatauatia. This was given the blessing of the kaumatua (elders) and so this symbolic gesture is celebrated every year.

ADVERTORIAL

6 PM KOROU KORE MARAE, AHIPARA

# FRIDAY 6 MARCH 2020

POWHIRI - WHANAU FUN DAY - KUIA & KAUMATUA - MAORI CULTURE - RONGOA MAORI - FOOD/KAI & MORE



10 AM - 6 PM - PARIPARI DOMAIN, AHIPARA

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## Upcoming events

### SUN 1 MAR

#### Blue Warrior Trail By Te Hiku

**Hauora:** Come and enjoy an active day out with your whanau. Prize for best dressed, think "blue". 6km Run/Walk at the southern end of Lake Ngatu, Kaitaia. Please register prior to event, or at 9am on the day Kick off at 9.30am.

To register please contact Annaleah Cassidy Phone - 0800 808 4024 [annaleah.cassidy@hauora.net.nz](mailto:annaleah.cassidy@hauora.net.nz)

[ah.cassidy@hauora.net.nz](mailto:ah.cassidy@hauora.net.nz)

**The Yoga Of Purpose:** Treat yourself to a gentle, peaceful, joyful and inspiring day. \$54 waged, \$39 unwaged. Space is limited. \$20 deposit, this is required to secure your space. Located at 25 Braemar Ave, Coopers Beach from 9.30am-4pm For more information contact 021 184 8661 or [johnpaulhaines@gmail.com](mailto:johnpaulhaines@gmail.com)

Please visit our website:

[www.insearchofsimplicity.com](http://www.insearchofsimplicity.com)

### MON 2 MAR

#### Crafty Monday: Making preserves.

At Anō Anō! on Bank Street (between the EcoCentre and Boxing Gym) 1-3pm Free, koha welcome. Learn how to make preserves with local seasonal fruit Contact Waikarere [tuitui-art@hotmail.com](mailto:tuitui-art@hotmail.com) 0211628071 or call in at the EcoCentre.

### THUR 5 MAR

**Manawahine Expo 2020:** In celebration of International Women's Day on March 8th 2020, we would like to invite all wahine from all walks of life to join us in celebrating women's health and wellbeing. There will be a nurse on-site, pamper stations, kai, spot prizes and much more. 10am-2pm @ Women's Refuge, 249 Commerce Street, Kaitaia. Please RSVP to Roberta or Cheyenne on 0800 808 4024 for catering purposes.

**Strategies for Behaviour:** Children's Autism coming to Kaitaia. Facilitated by Gera Verheul and Arletta van den Bosch. Held at the Far North REAP, Kaitaia from 7-9pm. Please book for all workshops and outreach appointments by email [enquiry@autism.org.nz](mailto:enquiry@autism.org.nz) or by phoning our office on 09-415 7406.

### FRI 6 MAR

**Outreach clinic:** Children's Autism coming to Kaitaia. Book in for one-on-one appointments with Gera and Arletta. Held at the Far North

REAP, Kaitaia from 9am- 1pm.

Bookings essential. [enquiry@autism.org.nz](mailto:enquiry@autism.org.nz) or by phoning our office on 09-415 7406.

### SAT 7 MAR

#### Te Houtaewa Challenge, Te Oneroa-a-Tohe (90 Mile Beach Race)

The Te Houtaewa Maori Charitable Trust is proud to host the Te Houtaewa Challenge in its 29th year. The Te Houtaewa Challenge consists of: 3 Individual running races - 62km Ultra marathon, 42km Marathon & 21km Half Marathon. 2 team relay races - Ultra team relay & Taitamariki Ultra team relay.

Pataka Festival held at the finishing location of Paripari Domain, Ahipara, to welcome in our runners and celebrate their incredible achievements. This is a free event open to everyone! Nau mai, haere mai.

#### Sammy Johnson- Someday Tour:

Will be performing live on stage along with Brownhill and special guest at Kaitaia Kauri Arms Tavern from 8.30pm. Tickets are now available at the venue or online at [www.TicketSpace.nz](http://www.TicketSpace.nz). Portion of every ticket purchase will be donated to Australian Red Cross Bushfire Relief.

**Archery Competition:** Kaitaia's first Archery competition in 2020. Junior (U20) Canadian Short 900. There will be 3 targets, full olympic faces at 25m, 35m, and 45m. This competition is open to all under 20 with bare bow. Starting at 10am-1pm Northland Archery on South Rd Kaitaia.

**Nga Purapura 2020:** Kaeo's free Festival for children and young people. Join us for a magical day of Music, Arts and Nature. The day is completely free, all about having fun and enjoying yourself. Starting at 9.30am-4pm. Nau mai haere mai.

**SUN 8 MAR**

**The Far North Branch of the New Zealand Society of Genealogists invite you to our March Workshop, "Writing Your Family History:** A workshop to get you started", with Guest Speakers Bill Ralston and Julie McDonald of the Family History Writers' Network. From 1pm in the Kauri Room at Far North REAP. \$5 entry - bring paper, pen or laptop to write with; and think about a favourite ancestor you would like to write about. Text 0272750567 or [email@far-north@genealogy.org.nz](mailto:email@far-north@genealogy.org.nz) for more.

### SAT 14 MAR

**Mangonui Waterfront Festival 2020:** Celebrate all the Far North has to offer in food, beverage, art and entertainment. With over 100 stalls. A variety of food, wine, art, activities, bands on the main stage, groups performing in the Pohutukawa chill-out zone as well as dancers, children's entertainment and much, much more. Starting from 12 mid-day through to 6pm. A day full of fun for the whole family to enjoy.

**Whangaroa Kiwi Can Raft Race:** Design and build your own raft then battle it out on the picturesque Whangaroa Harbour. School division is free to enter and open division is \$30 per raft. Entry forms available at Kaeo school or contact Tracy Walker on 021 213 9470.

### MON 16 MAR

**TINA Simply The Best / NZ 2020:** Get the electrifying concert experience of Tina Turner with this full stage production brimming with Tina hits from the 60s, 70s, 80s & 90s. Held at the Turner Centre 43 Cobham Rd, Kerikeri from 8-10.30pm. Tickets can be purchased from [www.iticket.co.nz](http://www.iticket.co.nz)

### 17-21 MAR

**Snapper Bonanza Surfcasting Competition:** "SOLD OUT". Prize giving held each day from 5pm at the Headquarters 478 West Coast Rd, Waipapakauri.

### FRI 20 MAR

**Colour Kaitaia:** Kaitaia Abundant Life School presents Colour Kaitaia, coming to our town on Friday 20th March 2020. For more information contact the school on 09-408 2671.

**Balance:** For those interested. Balance in fusion of Thai Chi, Pilates and Yoga all choreographed to music. 50 minute class, options for beginners through to expert. First 2 sessions FREE. Kaitaia Collage Library 5-6.30pm.

### 27-28 MAR

**Ladies Game Fishing Competition 2020:** Run by Ahipara Gamefish Club. Ladies get your self a boat, skipper, crew and enter the 2 day ladies competition. You can fish any coast. Great prizes. Only \$50 pp to enter. Weigh Station 32 Korora St, Ahipara 6am to 4pm. For more info contact: [www.facebook.com/events/468354280527499/](http://www.facebook.com/events/468354280527499/)

### SAT 28 MAR

**Paparore School Gala:** It's bigger & better than ever, filled with exciting rides, games and many activities

for the whole whanau to enjoy. Starting at 10am there will be quick-fire raffles, music, lucky dips, food stalls, face painting and \$12 Hangi for sale ready at 1pm. Please pre-order and contact the school on 406 7360.

**Let's talk with your Loved Ones in Spirit at Far North Kaitaia:** Tickets \$40 available soon, at venue, and through [Eventbrite.com.au](http://Eventbrite.com.au) now. Get your friends & family together and come out to share some love and laughs. Held at the Kaitaia RSA 18 Matthews Ave. 7.30- 10pm. For more information contact [far-northrsa@gmail.com](mailto:far-northrsa@gmail.com) or 09 4080520.

### SUN 29 MAR

**Weetbix Tryathlon 2020:** Entries are open for the Bay of Islands Weet-Bix Kids held at Waitangi. River-view school has created a Facebook School Group which you can join when you enter. By linking to our school group, it will give us the chance to win some cool prizes. To enter the TRYathlon, [visit tryathlon.co.nz](http://visit.tryathlon.co.nz)

### 31 MAR-4 APR

**Houhora One Base:** Hosted by the Houhora Big Game & Sports Fishing Club. Be into WIN \$35,000 in prizes. Daily prize giving and lucky angler draws. For more info contact Brian Bellingham 409 7755 or 021 848 098 or visit [www.houhorafishingclub.co.nz](http://www.houhorafishingclub.co.nz)

## Regular Events

### Alcoholics Anonymous Meeting:

If you want to drink, that's your business. If you'd like to stop, we can help. Fridays 7pm at the Community House, Puckey Avenue. Ph 0800 AA Works, for more information.

### Narcotics Anonymous Meeting:

If drugs are causing problems in your life, maybe NA can help. Every Tuesday from 11.30am-1pm at the Seventh-Day Adventist Church, 14 Bonnetts Rd Kaitaia. For more info visit [www.nzna.org](http://www.nzna.org) or call 0800 NA TODAY (62 8632)

**At a Stroke Art Group:** Meets weekly on Fridays, except during school holidays, 10.30am to 1pm. Supported by the Stroke Foundation New Zealand. Phone Jen on 0210588890.

**Parent support group for Autism:** Held the first Friday of every month at the Ministry of Education building, 2-12 Commerce St, Kaitaia. 10am-12pm. Contact Uschi 408-6937 or 021-240-6616.



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TOPGATE MARKETING

**Nga Rau Aroha:** Kaumatua & Kuia active programme held every Monday. For more info contact Josie Brown on 408 2372.

**Tuesday Night Markets:** 5.30-8pm weekly. Next to Mangonui Hotel. Produce, food, craft and Live Music. Contact Linley, 0274846791 or [linley.main1904@gmail.com](mailto:linley.main1904@gmail.com).

**ZUMBA:** Every Monday @ Taipa Scout Hall 6-7pm & Wednesdays @ Oruaiti School 6-7pm. First class free! For more info visit [www.facebook.com/groups/far\\_north\\_zumba](http://www.facebook.com/groups/far_north_zumba).

**Plunket Te Roopu Arahina:** Grandparents raising grandchildren coffee group held every Thursday starting 6<sup>th</sup> February, 11am-1pm Please bring a plate for shared lunch. Contact Anna 027-579-1143, [anna.anderson@plunket.org.nz](mailto:anna.anderson@plunket.org.nz)

**Repeco Caffeine n Classics:** Get together every 3rd Sunday of the month at the Ramada Taipa Bay Resort for brunch, from 10am-12.30pm.

**Parkinson's Support meetings:** Held every two months begin-

ning Tues 18th Feb at the Hope Christian Centre, Commerce St Kaitaia. 11am, lunch at the Hope Centre. Contact Vicki Sadgrove 09 4376876.

**Sight Impairment Group Kaitaia:** Meets the last Wednesday of the month. People able to come and talk about everyday problems, held at Te Ahu Centre. Contact David Senior 021 178 8370.

**Far North Summer Track Series:** Held every Saturday at the Kaitaia College Athletics Track from 9-10am, begins 8th Feb. For more info [visit- www.facebook.com/kaitaiarunningcoach](http://www.facebook.com/kaitaiarunningcoach)

**Lego Builders Club:** Calling all Lego Lovers held every Friday, Kaitaia Library from 3.30-4.40pm FREE to all.

**Mareikura Strengthening Womens Group:** Held every Thursday at the St Saviours Church Hall from 10am-12.30pm. Contact Roberta Kaio or Karen Brown on 0800 808 4024.

**Te Oranga Pumau- Heart & Diabetes Health Education Workshops:** Free service held every Wednesday at Te Hiku

Hauora, 49 Redan Rd from 11am-1pm. Contact Marama Brown or Sarah Williams on 0800 808 4024

**Whare Timatanga Hou Ora Inc:** Womens Refuge support & education programme, ki te ao o te Marama. Ph 09 4082946 or 0800733843 held every Wednesday, 10am-2pm lunch provided.

**Alzheimers Northland Carer Support Group:** Held on the second Wednesday of every month starting 12th Feb. Hope Christian Centre, 236 Commerce St, Kaitaia. 10am-12pm Ph 408-1123 or 027 4427258.

**Coffee Club** for people with early onset dementia and their caregivers in the Kaitaia area. Held every second and fourth Monday of each month beginning in March through to December 14<sup>th</sup>. For venue information contact Ria Leef-Smith on 09 4081123 or 0274427258.

**Housie:** Held every fortnight on a Wednesday from the 4th March & 18th March @1pm, RSA Kaitaia.

**Kaitaia Youth Theatre:** Held every Tuesday at Te Ahu Centre from 4-5.30pm. Exploring crea-

tiveness, making friends through stage play. All ages welcome. For more information contact 0279749246

**Limited Youth Kaitaia:** Meets every Friday @ Te Ahu Centre 6pm during the school term. For ages 13+ all welcome.

**Money Management NZ Certificate in Personal Financial Capability & Financial Services (Level 3):** Free 20 week course starting 16 March to July 2020, gain 60 credits, held Monday evening 5.30-8.30pm. For more info contact Val West 0212346782 or 0800355 553.

**Small Business & Project Management NZ Certificate in Business & NZ Certificate in Project Management (Level 4):** Free 36 week course starting 18 March, gain 120 credits, held Wednesday evening 5.30-8.30pm, 24 Matthews Ave, Kaitaia. For more info contact Val West 0212346782 or 0800355 553.



## LEVEL 4

### Water Restrictions For Kaitaia

Level 4 water restrictions are being applied in Kaitaia, restricting water use to drinking, cooking and washing only. The restrictions are the highest that can be imposed. All outdoor water use is now banned.

Simple water conservation measures include:

- Flushing toilets less often
- Only washing clothes on a full load
- Turning off the tap while brushing teeth or washing hands
- Fixing leaking taps, toilets and other fittings.

## SAVE THE DATES

- 1 APR: Junior Fishing in April contest
- 11 APR: Doubtless Bay Playgroup Easter Dig
- 10 -13 APR: PUBLIC HOLIDAYS
- 10-12 APR: Panguru Tavern Annual Fishing Competition 'Kupe Classic'
- 18-25 APR: Celebrating Life In Recovery (with Cheri Peters)
- 23 APR: Watoto Children's Choir

## Kaitaia Connect

Is proudly produced by Kaitaia Community House.

For inclusion in the next edition's event listings, or sponsorship, please contact the Community Relations Officer, Jolene Rupapera on 408-0026 or [jolene@kfbs.co.nz](mailto:jolene@kfbs.co.nz) before 23 March 2020.

*While we make every effort to ensure accuracy, we can take no responsibility for incorrect information or cancelled events.*



## BPW Kaitaia

Meet monthly at Dinner Meetings on **the third Tuesday of each month**, February to November.

Venue: **Orana** - Time: 5.30 pm - Cost: **\$30**

Bookings: Phone Pam - 0211621492 or 4080556

Contact us: Email: [bpwkaitaia1987@gmail.com](mailto:bpwkaitaia1987@gmail.com)

Facebook: <https://www.facebook.com/groups/198389144041387/>

Website: <https://www.bpwnz.org.nz/club/bpw-kaitaia/>

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