



KAITAIA CONNECT

April 2019

Connecting communities in Te Hiku

Easter fun this month

April is finally here and with it comes a chance for us all to take a break.

As well as school holidays from 12-29 April, Easter also falls in the middle of the holidays, 19-22 April.

This month's edition of *Kaitaia Connect*—*connecting communities in Te Hiku* features plenty of fun activities for the whole family, including the Easter Big Dig at Taipa and an Easter Family Camp at Coopers Beach Christian Centre. Flourish After School Care and Youth Innovations are both running school holiday programmes for school-

aged children looking for some fun.

See inside for all events and you may just find something perfect for you.

This month's edition of *Kaitaia Connect* also includes a Special Focus on Awanui, the first of our special features. See page 4 for all the details.

Sadly, this is my last edition of *Kaitaia Connect*, as I am moving to Whangarei to be closer to family and take up a full-time position. I hope you continue to enjoy this publication as I pass the mantle on to the next person.—*Denise Piper*



The team at Kaitaia Community House wish everyone a safe and happy Easter.

Regular events

Connect Modern Jive: Easy partner dance classes – a combination of jive, rock n' roll, swing and ballroom dancing without the strict rules. Mangonui Hall, Tuesdays, 7-9pm. \$10 per class. Ph Gavin 021-0236-4619 or Zoe 022-025-0493.

Zumba classes: Mondays at Taipa Area School, Wednesdays at Oruaiti School, 6-7pm. \$8 single class or five classes for \$35, first class free. Contact Jocelyn on 0204-092-2575 or see [Facebook](#).

Open Rhythms Dance for Stroke or other Neurological Disorder: Weekly workshop facilitated by dance therapist Zsuzsanna Love for people of any level of mobility, including wheelchair users. Christian Hope Centre, Commerce St, Mondays from 10.30am. Funded by Creative New Zealand. Contact Lois on lois.statherdunn@gmail.com or 408-3360.

Learn Bridge: Free lessons with Doubtless Bay Bridge Club; Tuesdays at Taipa Squash Club, and Kaitaia Bridge Club: Mondays and Fridays at Kaitaia Bowling Club. No experience necessary. Ph Leona Campbell 408-7657.

Psychic school: Develop your spiritual gifts with spiritual awakening coach Kim Robertson. Kaitaia: Beachcomber Lodge & Backpackers, 235 Commerce St, Wednesdays from 7pm. Taipa: Sea Scout Hall, 10 East St, Thursdays from 7pm. \$10. Find out more at kim-robertson.co.nz.

Abs and Core Training: Run by Evolution Personal Training at Mangonui Health and Fitness Centre, 222 State Highway 10. Saturdays 8-9am, \$15.

Sweet offering for one *Kaitaia Connect* reader

Mana Kai Honey is donating a great prize pack for *Kaitaia Connect* readers, in association with this month's Special Focus on Awanui on page 4.

The prize pack has a retail value of \$104 and includes a 1kg Raw pure and

natural honey, two 250g UMF 5+ Manuka honey and 12 5g UMF 10+ Manuka honey snaps.

To enter, email your name and contact phone number to denise@kfbs.co.nz with 'Mana Kai' in the subject line, before 23

April.

Congratulations to our March winner, Uschi Eyer, who wins a free meditative yoga class and one-on-one relaxing energy balancing and healing session with Lucia Reekers.



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April events

MON 1 APRIL

Upcycled crafts and beeswax wraps:

Learn how to make your own with the Eco Centre's Crafty Monday programme. Held at the Eco Centre, Bank St, 1-3pm. Koha entry, no booking required.

TUES 2 APR

Baby Day Out in the Library:

Chance for parents with babies to meet each other and have fun. Morning tea provided. Kaitaia Library, Te Ahu, 9.30-10.30am.

MTA WoF Technical Update

Course: Keep up-to-date with vehicle inspection requirement manuals (VIRMs). The Northerner Hotel, Kaitaia, 6.30-9.30pm. \$190-\$380, tickets at eventbrite.co.nz.

2-18 APRIL

Introduction to Tāniko Rāranga:

Learn about traditional Māori weaving with this Far North REAP course on Tuesdays and Thursdays. Learners must attend all six lessons. Te Runanga-a-Iwi O Ngāti Kahu, 21a Parkdale Cres 10am-2pm. \$20, email reception@farnorthreap.org.nz or ph 408-1380.

WEDS 3 APRIL

School Administrators Professional Development Day:

For primary, intermediate and secondary school administrators. Refreshments and kai provided. Far North REAP, 33 Puckey Ave, 8.30am-2.30pm. Ph 408-1380 or register at farnorthreap.org.nz.

Seniors Linking Together: Two-hour, informal networking, plus cuppa and bikkie. Drop in to Age Concern Kaitaia & District, 16 Commerce St, from 10am-12pm.

Ahipara Community Plan Hui #2: Held at Te Rarawa Rugby Clubrooms from 6pm, all welcome.

3-6 APRIL

Houhora One Base: More than \$35,000 in prizes, including \$10,000 heaviest striped marlin and \$10,000 heaviest other billfish. Houhora Big Game & Sport Fishing Club, east coast fishing only. \$150. Email fish.houhora@xtra.co.nz, go to sportfisher.nz, ph Justin 408-7949 or ph Brian 021-848-098.

THURS 4 APRIL

Early years forum: Bringing together social, health and ECE professionals in the Far North. Far North REAP, 10.30am-12pm.

Plunket Te Roopu Arahina: Grandparents raising grandchildren support group. Te Runanga-A-Iwi o Ngati Kahu Office, 21a Parkdale Cres, Kaitaia, 11am-1pm. Please bring food for shared lunch. Contact Anna 027-579-1143 or anna.anderson@plunket.org.nz.

FRI 5 APRIL

Support group for children with learning difficulties: Helping parents and educators to support children of all ages in a more joyful way. New Ministry of Education building, 2-12 Commerce St, Kaitaia. 10am-12pm. Ph Uschi 408-6937 or 021-240-6616.

SAT 6 APRIL

The Healing Properties of Our Breath: Workshop by Lucia Reekers; learn how to use the breath to become more relaxed, centred, balanced and aware. Coopers Beach, 9.30am-12.30pm. \$30, bookings essential to Lucia 021-266-9464, peacejourney@hotmail.com.

Car wash and bake sale: Fundraiser for Abundant Life School, held at the school, 11 North Rd, Kaitaia, 9.30am-1pm.

Using Electoral Rolls: Workshop by the Far North Branch of the NZ Society of Genealogists at Far North REAP, Puckey Ave. Arrive at 9.30am for a cuppa and 10am start. Entry by gold coin, all welcome.

My Life in a Jar: Presentation and workshops focused on connecting families across generations. 106 Matthews Ave, Kaitaia, 3-5pm. Please bring a laptop, tablet or other device. Email margaretcbaker@gmail.com.

SUN 7 APRIL

Child Cancer Foundation Breakfast 2019:

Help Kiwi kids fight cancer. Includes full cooked breakfast and continental buffet, with live entertainment. Ramada Resort Reia Taipa Beach, sittings at 9.30am or 11am. Tickets \$20 adult, \$12 child under 10, available from Ramada 406-0656 or reservations@ramadataipa.co.nz.

The Power of Intention: One-day retreat by Kate Clark from Empowered Health Coaching. NZ Surf Bros lodge, 27 Kaka St, Ahipara, 10am-4pm. \$100, tickets from eventbrite.co.nz.

Pacific Bar Karaoke Talent Quest final: Final event at Pukenui Pacific Bar, 3-7pm.

MON 8 APRIL

Taxation Help Desk: Free advice and information from accountant Peter Brake. Bring your IRD number and any relevant information. Te Ahu atrium, 10am-2pm.

TUES 9 APRIL

SafeTALK: Workshop by A-OK NZ to prepare anyone to become a suicide-alert helper. Held in Kaitaia, 1-5pm. \$65-90 +GST per person. a-oknz.com ph 09-278-0408.

How to pay off your home loan faster: Part of ANZ Bank's Property Unlocked Speaker Series, this seminar is for anyone who has a home loan and wants to pay it off faster. ANZ Kaitaia, 111 Commerce St, 5.30-7pm. Register at eventbrite.co.nz.

WEDS 10 APRIL

Alzheimers Northland Carer Support Group: For those caring for loved ones, Hope Christian Centre, 236 Commerce St, 10am-12pm.

Kindergartens Far North AGM: Held at Far North REAP, Puckey Ave, from 5.30pm. Expressions of interest in becoming a board member to Lynda Maskell kdkaic@xtra.co.nz.

12-14 APRIL

Yoga Retreat: Gentle Hatha yoga weekend retreat with Johanna van Stratum. Tushita Mystery School, 1334 Oruru Rd, Peria. \$230+ koha for teacher, includes food and accommodation. Ph Damalaya 021-208-3485 or go to tushitamysteryschool.co.nz.

SAT 13 APRIL

The Yipadee Show: An hilarious live-music show with international best-selling Kiwi author and musician Deano Yipadee, supported by Far North REAP. Te Ahu Little Theatre, 10-11am. Children \$3.50, adults free.

Fight for Kids 1: Fundraiser by Mauri Social Services to support Kaitaia kids' bus shelters. Kaitaia's first octagon multi-discipline cage fight night, includes boxing, kick-boxing and mixed martial arts. Te Ahu Centre from 6pm. General admission \$25. Ph 021-303-579.

Herekino Wild Food Festival: Mix and mingle, share cooking along the theme of "The Food My Mumma Made". Live band. Tui Inn Adventures and Accommodation, 15 Puhata Rd, Herekino. From 6.30pm. Entry fee to cover live band. Details on Facebook.

Mangonui Acoustic Music Night: Local music groups play unplugged as a fundraiser for the Swamp Palace Restoration. Mangonui Hall, Waterfront Dr, 7.30pm sharp. Adults \$15. Contact Christoph 0211-578-167, Linley 0274-846-791.

SUN 14 APRIL

Race day: Taipa Stock and Saloon Car Club race day at Oruru Rd. Racing starts 1pm. Entry \$5 adults, children \$3, under-5s free, family \$20.

15-18 APRIL

Disney school holiday programme: Run by Flourish After School Care, with movie-inspired activities each day. Morning and afternoon tea, and cooked lunch included. Kaitaia Primary School Hall, 8.15-5.15 each day. Cost \$35-40 per day or \$140-\$160 per week. Contact Sarah 027-302-3024 or flourish.asck@gmail.com.

Kaitaia OSCAR School Holiday Programme: Week one of OSCAR programme run by Youth Innovations for five to 13-year-olds. Cost \$146.25 per week, WINZ subsidies may be available. Prior enrolment is a must, contact Nancy on 021-746-759 or nancy@buildingsafercommunities.co.nz.

TUES 16 APRIL

BPW Kaitaia: Business & Professional Women Kaitaia dinner meetings, 5.30pm arrival. Set menu \$30pp. Booking essential, ph Pam 408-0556 or bpwkaitaia1987@gmail.com.

THURS 18 APRIL

Epilepsy in the Older Person: Health promotion meeting, learn from Sam Morgan of Epilepsy NZ. Age Concern Kaitaia & Districts, 16 Commerce St, 10am-12pm.

Support group: For people living with the effects of brain injury and their families/whanau/carers and friends. Far North REAP, 10am-12pm. Contact the Brain Injury Association 09-459-5013.

18-22 APRIL

Easter Family Camp: A family camp for all ages to celebrate Jesus' death and resurrection. Includes kids' time for 5-12 year olds and a teen programme for 13-15 year olds. Coopers Beach Christian Youth Camp. Tickets \$85-\$205. Register with Margaret 406-0747, margaret.john@xtra.co.nz, cbeyc.co.nz.

SAT 20 APRIL

Easter Dig: Doubtless Bay Playgroup's annual Easter dig, Taipa beach, registration 11.30am-2pm, big dig from 2.30pm.

Sounds of Support: Tribal Conexionz, supported by Kaitaia's JTB, play for the Firefighter Sky Tower Stair Challenge. Collards Tavern, 5.30pm-1am. Tickets \$40 from Collards or Facebook.

23, 24, 26 APRIL

Kaitaia OSCAR School Holiday Programme: Week two of OSCAR programme run by Youth Innovations for five to 13-year-olds. Cost \$146.25 per week, WINZ subsidies may be available. Prior enrolment is a must, contact Nancy on 021-746-759 or nancy@buildingsafercommunities.co.nz.

WEDS 24 APRIL

Sight impairment support group: For people who are losing their sight. Te Ahu Ballroom, Kaitaia, 1-3pm. Ph David 408-4135 or 021-178-8370.

THURS 25 APRIL

Anzac Day

24-27 APRIL

Coopers Beach Boys Camp: For boys aged 9-14. Includes Bible teachings and battleship-themed fun. Coopers Beach Christian Youth Camp, 154 State Highway 10. \$70, with some Breakaway funding available for 11-14-year-olds. cbeyc.co.nz kidscampsatcoopers@gmail.com

FRI 26 APRIL

Cancer support group: Te Tai Tokerau PHO office, 182 Commerce St, Kaitaia. 11am-1pm. Contact Solvey Poulson 021-423-385.



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April events continued

26-28 APRIL

Mountains to Sea Wānanga 2019: Hosted by Experiencing Marine Reserves and Whitebait Connection – Mountains to Sea Conservation Trust, this conference and networking opportunity is for all those involved or interested in freshwater and marine conservation. Waimanoni Marae, 924 Far North Rd. Tickets from \$135 to \$429 with limited sponsorship available. Go to tinyurl.com/waimanoni.

SAT 27 APRIL

Offshore Powerboat Racing: Round six of the 2019 NZ Offshore Powerboat Series in Doubtless Bay, viewing from Ramada Resort Reia Taipa Beach. First race 12.30pm, second race 1.30pm. Free event. nzoffshore.co.nz.
2019 Great EV Road Trip: The conclusion of a nation-wide road trip to share info about electric vehicles. Cape Reinga lighthouse parking area, 5.45-6.30pm. Free, go to leadingthecharge.org.nz.

TUES 30 APRIL

International jazz day: Jazz performance by Abundant Life School's Jazz Ensemble. Outside Te Ahu Centre. 11.30am-1pm. Free.
Disability Network Meetings: For all organisations working with people with disabilities. Far North REAP, Kukupa Room, 12.30pm.

SAVE THE DATE

3-9 MAY: Silent Insight Awareness Meditation Retreat (Tushita Mystery School).
4 MAY: Far North Branch of the NZ Society of Genealogists AGM (REAP); Kaitaia Metalfest2

(Collards).

5 MAY: Taipa Stock and Saloon Car Club race day.
6 MAY: Soap Making workshop, Kaitaia Eco Centre.
7 MAY: Music in the Atrium.
26 MAY: Taipa Stock and Saloon Car Club race day.
31 MAY-4 JUNE: Natural Ease and Mindful Living (Tushita Mystery School).
1-2 JUN: Taipa Stock and Saloon Car Club two-day race.
14-16 JUN: Open Pantry Kai Run.
27 JUL: Baby Baroque Free Kids' Concert.

Special focus: Awanui has plenty to offer

There are plenty of exciting things going on in Awanui, with the town facing a bit of a regeneration.

Bill Subritzky, chairman of Awanui Progressive and Ratepayers' Association, says businesses and local iwi are working together to lift the town and raise its potential.

Awanui may be a small town but it has a big spirit. A former river port, the town was established in the 1860s. It is now the gateway to Cape Reinga and is the junction where the two parts of the Twin Coast Discovery route—east and west—meet.

"There's lot of potential here," Mr Subritzky says. "There are a lot of younger business people moving in ... We are building a team that can work together and develop these ideas."

Buildings are being painted and trees will be planted to beautify the town, in association with Ngai Takoto, Mr Subritzky says. He would also like to see the park developed more for tourists.

Awanui already has plenty to make it worthwhile for people to drive 8km north of Kaitaia, as an arts, crafts and historical centre.

Awanui attractions includes quality secondhand and upcycled furniture at Firstnest Design, hand-crafted ancient kauri items at Ka Uri Unearthed and top-quality honey at Mana Kai Honey.

There is also a good selection of food, with The Bakerman having great food—including pies—and coffee. Awanui Tyre Man also offers motorists everything they need to keep rolling.

Ninety Mile Beach is just a stone's throw away, and Unahi Wharf offers the best access to Rangaunu Harbour. Mr Subritzky says the association is now working with the Far North District Council to upgrade the wharf.

● Mana Kai Honey is offering a giveaway pack worth \$104 to *Kaitaia Connect* readers, see page 1 for details of how to enter.



Awanui is a small river town but it has plenty to offer visitors.



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Kaitaia Connect is proudly produced by Kaitaia Community House. For event listings or sponsorship, please contact community relations officer **Denise Piper** on 408-0026 or denise@kfbs.co.nz before 23 April.

While we make every effort to ensure accuracy, we take no responsibility for incorrect or cancelled events.