



KAITAIA CONNECT

Connecting communities in Te Hiku

Aroha tetahi
ki tetahi

November — Whiringa- A- Rangi 2019

ADVERTORIAL

Award-winning local artist Colin Unkovich, at this years Kaitaia Arts Festival



My involvement with airbrushing began in the late 70's, when a friend and I started a business manufacturing surfboards. During this period the ability to turn customer's ideas into personalised artworks on their new boards was an important part of the business and set us apart from a lot of the competition. The most efficient and effective method of applying colour to the boards was via an airbrush.

Although airbrush painting isn't currently common as a method of rendering fine art I think that this is changing. The airbrush itself doesn't resemble a brush so much as a fountain pen with a small paint reservoir attached. This is connected to an air compressor which allows the paint to be atomised and driven onto the canvas. If desired, it can paint a line not much thicker than a human hair. One of the things that sets airbrushing apart is that when you are painting, you are not actually touching the surface that you are painting on.

I am an outdoors person at heart. I grew up on the land and I think that my upbringing cemented that aspect in me; as a result I tend to look to the natural world for my muse. My paintings are inspired by the landscape, coast and people of New Zealand. I very much enjoy working on commissioned pieces and they form the majority of my work. Colin can be found exhibiting both originals and prints at this years arts festival being help in the Dalmatian Hall On Saturday 23rd and Sunday 24th November. You can also follow him on facebook or view his website at www.colinunkovich.com



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November Events

1-3 NOV

Radiance of Being with Prem and Amrita Bhakti: Unique combination of mindfulness meditation and dances. Tushita Mystery School, 1334 Oruru Road, Peria.

Starts on 1st at 4pm, finishes on 3rd at 2.30pm. Cost: \$230 – includes accommodation and meals plus koha/donation for facilitators.

Contact details: tushitamysteryschool.co.nz or phone/text Damalaya 021 208 4385.

FRI 1 NOV

At a Stroke Art Group: Meets weekly, except during school holidays, on Fridays at 10.30am at IHC garages, 1 Te Reinga Street, Kaitaia. If you have had a stroke come and join us under Tutor Jen Gay to improve coordination, create something beautiful and lighten your soul! No charge. Supported by the Stroke Foundation New Zealand. Phone Jen on 0210588890.

Support group for children with learning difficulties: Helping parents and educators to support children of all ages in a more joyful way. Held the first Friday of every month at the new Ministry of Education building, 2-12 Commerce St, Kaitaia. 10am-12pm. Contact Uschi 408-6937 or 021-240-6616.

SAT 2 NOV

Awanui Day: A day to celebrate Awanui, lots of stalls and plenty motorcycles on display.

Design Your Life Workshop: Creating & designing a life map, finding your passion and purpose, setting goals you can achieve, staying on track to get results, self-confidence and motivation and problem solving. Limited space available \$25 per person, 9am-11am @ Kotare Kraft's, 130 Commerce St, Kaitaia. Register now Wendy Sarah 0275 181 795 sarahwendygray@gmail.com.

Northland Junior Surf Champs #3: Proudly held by Ahipara Board Riders, divisions U18, U 16, U14 & U12. Girls & boys longboard. \$5 entry fee. All welcome

MON 4 NOV

Only Love is Real - An Evening of Pure Spirituality With Shamare
How to recover Peace of Mind and Joy in your life. An evening of pure spirituality and the start of a journey to awaken your own spirituality. Learn how to take responsibility for the development of your ego self

and, if desired, take steps that will lead to awakening to live again as Spirit Self. Course provides a set of simple mind lessons that can lead you back to the Real Life with full Spirituality starts from 6pm till 8pm held at Te Ahu Centre for more info www.shamare.com.

Governance Bites-Kaitaia: 90 minute workshops run monthly. Governance Bites session will be live-streamed from Whangarei and shown live at Te Ahu Centre from 5.15-7pm, convened by Teresa Hart (Te Houtaewa Maori Trust). For those interested to watch together and share a few slices of pizza. \$10 koha for pizza. Join this event or email:

info@volunteeringnorthland.nz

YOGA Kaitaia: Every Monday this month, come along and join in our Iyengar Yoga class in Kaitaia on Mondays from 12-1pm. All levels welcome and a friendly, supportive environment for beginners and those recovering from injury. Held at the Beachcomber Lodge & Backpackers, tickets cost \$10 per session.

FYI Programme: Weekly programme every Monday to Thursday from 9am-12pm held at 168 Commerce Street, Kaitaia, Literacy Aotearoa. Contact 09 4081040. Lessons will include waiata, rongoa, bread making to flax weaving, poi making and so much more.

Nga Rau Aroha: Kaumatua and Kuia active programme held every Monday's. For more information contact Josie Brown on 4082372

TUES 5 NOV

Chess in the library: Join the challenge every Tuesday from 3.30-5pm held at Te Ahu Centre.

Baby Day Out in the Library: Meet other parents, FREE morning tea, music and rhymes. Te Ahu Centre 9.30-10.30am.

Meditative Yoga: To keep your balance and get inspired to look after yourself we offer another 5 week course in Meditative Yoga in Coopers Beach. Tuesdays evenings from 5 - 6.15pm October 22 to November 19 Fee: \$50 or \$12 casual. Please contact Lucia 021 266 9464 or email peacejourney@hotmail.com.

Private Yoga Therapy: One on one yoga therapy, gentle massage, energy balancing/healing plus NZ flower essences in Coopers Beach. Contact Lucia 021 266 9464 to book your appointment.

Tuesday Night Markets: 5.30-8pm weekly. Next to Mangonui Hotel. Produce, food, craft and Live

Music. Contact Linley, 0274846791 or linley.main1904@gmail.com.

Pukepoto School Guy Fawkes: Nau mai haere mai whanau and friends to an exciting evening full of fun! There will be plenty of stalls, games, buckets up and yummy food. Gold coin entry starting from 6pm-9pm.

DIY Programme: Weekly programme every Tuesday to Thursday from 9am-12pm held at 168 Commerce Street, Kaitaia, Literacy Aotearoa. Contact 09 4081040. Everyday life skills from changing a tyre to fixing a hole in the wall, creating furniture from recyclable items and so much more.

WED 6 NOV

Neighbours Day Aotearoa: This free interactive workshop is a chance for you to refresh and develop some of the skills that we all need when working in communities. Held in Kaitaia at Te Ahu Centre-Banquet Room from 1.30-3pm.

Dr Tom's Walk the Talk Our-Kaitaia Community Wellbeing Talk: This is an free opportunity to hear about Dr Tom's personal journey, what he's seeing in rural New Zealand and ways to improve your own health and wellbeing.

Held at the Te Ahu Cinema from 7pm-8.30pm also held at Shipwreck Bay Ahipara from 8.30am on the 7th Nov. For more about this event head to www.pggwrightson.co.nz/drtom

ZUMBA: Every Wednesday @ Oruaiti school 6-7pm. First class free! For more information visit www.facebook.com/groups/farnorthzumba.

Plunket- Twilight Clinic: For all "Well Child Checks" held at the Kaitaia Plunket Rooms from 1-7pm. Walk-ins & booked appointments welcome. Also held at Taipa Plunket Rooms on the 12 Nov from 1pm-7pm. Further information contact Shantel 027 587 0081 or Solvej 027 264 7971

6-8 NOV

Ngapuhi welcomes paddlers: Ngapuhi is inviting paddlers from around the country to take part in its hosting of Tuia 250 at Waitangi over the 2 days celebration. Anyone who would like to take part was invited to contact Robby Whiu on 021 150 9267.

THUR 7 NOV

Plunket Te Roopu Arahina: Grandparents raising grandchildren coffee group, Te Runanga-A-Iwi o Ngati Kahu Office, 21a Parkdale Cres, Kaitaia, 11am-1pm. Please

bring a plate for shared lunch. Contact Anna 027-579-1143, anna.anderson@plunket.org.nz.

Self Defence with Lisa 6-week course: Run every Thursdays 5-8yrs: 5.15-6pm. 9-13yrs: 6pm-6.45pm & 14+ (adults): 7pm-8pm. Only 20 spaces per class. Casual price \$10 per class. 6 week price: Single \$40 pp, family \$30 pp. For more information contact elis-sathomas93@gmail.com.

THUR 7 NOV

ANZ Business Workshop: For business owners who want to gain an understanding on risks that could affect their business, and to learn strategies to help minimise them. Located at the Ramanda Reia Taipa Resort, 22 Taipa Point Rd, Taipa from 5.30-8.30pm.

FRI 8 NOV

Herbs and Acoustic: Herbs have been influential on the NZ music scene for over 30 years and in 2012 received a well-deserved induction into the New Zealand Music Hall of Fame. Call into the Herekino Tavern from 6-10.30pm, \$25 per ticket can be purchased through Eventbrite.

SAT 9 NOV

Greg Veza Memorial Pool Competition: Held at the Herekino tavern. \$20 Singles only. Check it out, be into win some great prizes. Register online at <https://forms.gle/di31w5gCoSC1j7KZ6>

9-10 NOV

Riding for the Disabled Garden Safari: Tickets for this years Far North Garden Safari are available from Mitre 10, CBEC, Te Ahu i-Site (all in Kaitaia) and Bloomfield's (Te Aurere). Come and enjoy the day with stalls and refreshments provided at Pamapurua School. All proceeds goes to Riding for Disabled.

MON 11 NOV

Pakihi- Marketing & Network Workshop: FREE 5.30pm-9pm Te Wananga O Aotearoa, Kaitaia Campus 24-26 Matthews Ave. To register please visit our website: www.pakihi.co.nz or Facebook events page: www.facebook.com/pg/pakihinz/events/

WED 13 NOV

Alzheimers Northland Carer Support Group: Held on the second Wednesday of every month. Hope Christian Centre, 236 Commerce St, Kaitaia. 10am-12pm Ph 408-1123.



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BPW Kaitaia

Meet monthly at Dinner Meetings on **the third Tuesday of each month**, February to November.

Venue: **Orana** - Time: 5.30 pm - Cost: **\$30**

Bookings: Phone Pam - 0211621492 or 4080556

Contact us: Email: bpwkaitaia1987@gmail.com

Facebook: <https://www.facebook.com/groups/198389144041387/>

Website: <https://www.bpwnz.org.nz/club/bpw-kaitaia/>



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15-21 NOV

Silent Insight Awareness Meditation (IAM) retreat: Indulged into Meditation retreat for (7 day) Tushita Mystery School, 1334 Oruru Road, Peria. Start on 15th at 3pm, finish on 21st at 1.00pm. Cost: \$50 registration/administration fee, (accommodation and meals included) plus Koha/Donation for retreat. Contact details: tushita-mysteryschool.co.nz or phone/text Damalaya 021 208 4385

SAT 16 NOV

FNRCC Wheels of Maghem: Car & bike show, range of kids activities and plenty of food stalls. \$1,000 spot prize. Vehicle sound off CASH PRIZE at 12pm. Held at the A & P Show grounds, Kaitaia from 9am-3pm. Family pass \$12/ Adult \$5. 5 to 13yrs \$2/ under 5yrs FREE

THUR 19 NOV

BPW Kaitaia: Business & Professional Women Kaitaia, im-

proving the quality of life for all women and girls. Dinner meetings third Tuesday of each month (February to November) in Kaitaia, 5.30pm arrival. Set menu \$30pp. Booking essential, phone Pam on 408 0556, email bpwkaitaia1987@gmail.com

WED 20 NOV

NorthTec Campus Tours: Come and get a taste of tertiary with a campus tour. Learn about the campus facilities, services and study areas. Just turn up and join in the tour! Starting from 11-12pm Oxford St, Kaitaia.

THUR 21 NOV

Talking About The Elephant in the Room: This free workshop will discuss the issues with alcohol and other substance misuse for families and the potential impact on children. Held in the Conference Room in Te Ahu from 1pm to 3pm. To register contact Supporting Families NZ on 0800732825.

FRI 22 NOV

Jason Kerrison "I will if you will" Singer/Songwriter Jason Kerrison is taking his talents across Aotearoa on a special solo songbook tour. Enjoy an evening at Collards Sports Bar Cnr Whangatane De & SH1, Kaitaia from 7.30pm-12am.

23-24 NOV

Art and Craft Fair 2019: Annual Art and Craft Fair, with Arts Far North. This popular event features guest artists and craftspeople, live demonstrations, buy and sell, food, coffee, live music. An awesome event for all ages. Support our local arts community. Saturday 10am-4pm, Sunday 10am-2pm. Dalmatian Hall, Cnr South and Redan Rd, Kaitaia Contact Jen 021 058 8890. Join guest artists & others.

TUES 26 NOV

Neighbours Day Aotearoa: This free interactive workshop is

a chance for you to refresh and develop some of the skills that we all need when working in communities. Te Ahu Centre-Banquet Room from 1.30-3pm.

SAT 30 NOV

Mangonui School's Christmas in the park: Plenty of entertainment, and fun for the whole family! Great food, music and fabulous prizes up for grabs. Held at 19 Colonel Mould Dr, Mangonui from 11am- 3pm.
TARARA Open Day: Kaitaia Dalmatian Cultural Club celebrating the first Dalmatian Maori marriage starting at 10am-3pm.

SAVE THE DATE

4 DEC: IO 2019- Call to All Maori Artist & Maori Stall Holders.

7 DEC: Far North Summer Track Series. Christmas in the park

14 DEC: Mind Body Spirit Health Expo

Far North Link

Far North Link is a bus service run by CBEC for the Te Hiku area.

On Tuesdays and Thursdays its Kaitaia service runs around town, including to the new Work and Income office.

There is a Monday to Friday commuter service between Ahipara and Kaitaia, with extra times on Wednesdays, and a commuter service to Doubtless Bay with extra times on Tuesdays. The service also runs between Pukenui and Kaitaia on Thursdays.

Adult fares are \$2-5 and Super Gold Card holders are free 9am-3pm weekdays. Go to buslink.co.nz for more details.

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While we make every effort to ensure accuracy, we can take no responsibility for incorrect information or cancelled events.